

# Top Tips for Members

Generated at the Global Patients Congress 2005



## Top tip

1. Collaborate for change! Don't "re-invent the wheel" or duplicate work. Contact other members, get tips from The Patients Exchange ([www.patientsorganizations.org/exchange](http://www.patientsorganizations.org/exchange)), join the Listserv ([www.patientsorganizations.org/listserv](http://www.patientsorganizations.org/listserv))

## General

2. Clarify your priorities, focus on 1-3 key things to do well
3. Learn from others' fundraising successes, develop imaginative solutions to sustainable income generation ([www.patientsorganizations.org/fundraising](http://www.patientsorganizations.org/fundraising))
4. Encourage other stakeholders to disseminate your communications through their networks

## For greater patient involvement in policy, systems & delivery

5. Nothing about us, without us
6. Proactively build ongoing relationships with governments, policy-makers, professional associations, and industry at the local, national, regional or global level ([www.patientsorganizations.org/collaboration](http://www.patientsorganizations.org/collaboration))
7. Promote IAPO's Guidelines on Patient Involvement ([www.patientsorganizations.org/involvement](http://www.patientsorganizations.org/involvement))
8. Fully express the patient experience to engage the world

## For more effective relationships with health professionals

9. Trust us, we're patients
10. Make contact with relevant health professional organizations at the local, national, regional or global level, develop an ongoing relationship with them ([www.patientsorganizations.org/linksprofessionals](http://www.patientsorganizations.org/linksprofessionals))
11. Conduct targeted health literacy campaigns ([www.patientsorganizations.org/healthliteracy](http://www.patientsorganizations.org/healthliteracy))
12. Remember we need to understand healthcare professionals as much as we expect them to understand us

These tips have been generated from key challenges, actions and recommendations identified by IAPO's member organizations at the 1<sup>st</sup> Global Patients Congress, held in London on 25-27 February 2005.

To view some of the online members-only resources listed above, member representatives will need to be logged in. Please email [info@patientsorganizations.org](mailto:info@patientsorganizations.org) if you have any problems viewing members-only pages, or if you have any comments or ideas to improve these tips.